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Philippians 4: 4 – 14

PEACE

NO MATTER WHAT

KEY VERSE

And the peace of God, which passes all understanding, will guard your hearts and your minds in Christ Jesus.

- Phil 4:7 NRSV

MAIN IDEA

There is a peace that anchors us in God. Seeking vulnerable relationship with God helps guard our spirits from the storms of life.

DISCUSSION QUESTIONS

- ‡ The word 'peace' is often tossed about, but rarely defined. What do you understand by the word 'peace'?
- ‡ How do you personally respond to Paul's challenge to "*Be anxious for nothing.*"?
- ‡ Share of a time that you have experienced a peace that passes all understanding.
- ‡ Perhaps you are familiar with the lyric "*Let there be peace on earth, and let it begin with me.*" What does it look like for peace to 'begin with me'?